

AUDUBON AREA COMMUNITY SERVICES, INC.
Senior Companion Program
2008

During Program Year 2008, 107 Senior Companions served 86,833 hours assisting 438 clients in providing meal preparation, help with feeding, personal grooming, companionship, and light housekeeping. In addition, they helped with shopping, errands, medical appointments and provided transportation. Some SCP volunteers offered respite services that assisted primary caregivers in maintaining healthy, active lifestyles; thereby, enabling them to care for their own personal needs while continuing to care for their loved ones.

SCP Manager and volunteer station staff (housing managers, social workers and other professional staff) from 7 volunteer stations visited clients, conducted the Independent Living Skills Assessment tool and recorded their responses. The data was aggregated and analyzed. If target goals were not met, follow-up visits were made to insure changes were initiated. The Senior Companion Program Manager and volunteer station staff visited clients and Senior Companions on a regular basis to confer on the progress of both client and companion.

Volunteer's impact on clients is measured twice a year. The results are gathered from the Independent Living Skills Assessments and Respite surveys that are completed by volunteer stations and caregivers. The volunteers served in Daviess, Henderson, McLean, Hancock, Ohio, Union and Webster Counties.

The following results are from July – December 2008. 73 SCP In-Home Care volunteers provided 34, 788 hours of service to 254 homebound clients. 235 (92%) of the clients were evaluated. Nineteen clients were too new to evaluate, went to nursing homes, moved, passed away, or no longer required our services. Fifteen volunteers served 7,194 hours providing respite care services to 28 caregivers.

In-Home Care:

- **79% or 186** clients **were** able to manage their activities of daily living by having the assistance of a Senior Companion. **(Exceeded Program target by 9%)**
- **82% or 193** clients **were** able to remain in their own homes, due in part, to the assistance provided by the Senior Companion Program. **(Exceeded Program target by 7%)**

Respite:

- 100% or 11 caregivers surveyed, indicated they had more flexibility in their schedules by having a Senior Companion.
- 100% or 11 caregivers surveyed, indicated they were able to maintain their health, and are able to continue providing care to their loved ones, due in part, to services provided by the Senior Companion Program.